

Oakridge News

http://www.oakridgena.com

President's Letter

By Mark Monroe, ONA President

Hello Friends and Neighbors,

We are steadily heading into spring time with the month of love wrapping up. Speaking of love, I have to give credit to my wife for handling the newsletter duties in January. This was our first attempt at the newsletter and other than a few errors, I thought she did a tremendous job. Trust me when I say I am not the easiest person to work with on detailed data entry. So this month's addition came together quickly and with ease. Now on to the important information you need to know. We are holding a general membership meeting on March 5th at the Oakridge Country Club. I am encouraging you to come to the social which starts at 6:30 and our meeting will begin at 7:00. We are going to have a special guest speaker that should interest most of you. Steve Robinson with Bruce Miller Nursery will

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District 7 Council Report

By Rick Williams, District 7 City Councilman

During most of January, the City Council discussed funding of Capital Improvement Programs (CIP) for 2009. With the economy being down, adversely affecting both ad valorem and sales tax revenue, the additional CIP projects will be kept to a bare minimum. In the 1991 bond election, voters approved money to build a visitor's center for the Spring Creek Forest Preserve on Holford Road. That project was delayed again and again since there were higher priorities, but finally this year, it appears this will be funded as it is the last item approved in 1991 that has not been built.

Speaking of Holford Road, Skinners Nursery opened about a year ago,

and they are essentially located behind the fire station. They are a very large multi-state wholesale nursery, but unless you are in the business, you may not be familiar with them. I talked to Todd Davis, the manager, at the end of January who said they are going to cease operation at that location and another in Carrollton until the economy picks up. They definitely plan to move back in at some future date, but plan to suspend operating at that site in February.

Much of this last month was spent dealing with a street named Richoak. For those who don't know where it is, it is the east-west road on the southern border of Holford Park. Since many parents use that road to bring children to/from Ethridge Elementary and Parsons Pre-K, it was creating a traffic nightmare. However, over the MLK 3day weekend, it was re-striped to create dedicated turn lanes and new signage for restricted parking was added. From my personal observations and reports from concerned residents in that area, it has helped considerably. I much appreciate the fine work done by City staff to help remedy this problem.

One of the more emotional issues with which the City Council deals is green trash container placement, and we are currently debating that in

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Oakridge Daytimers

By Christine Beyers

Ladies of the Oakridge Daytimers gathered on the morning of February 10th at the Oakridge Country Club for conversation, lunch and a fashion show. The fashion show, organized by Daytimers, Kim Gingerich and Martha Boyette, featured the latest fashions from Coldwater Creek.

President, Sharon Carlton, conducted a brief business meeting, and general announcements were presented. Jo Ann Williams gave the details for the March 31st group trip to the King Tut exhibit. Audrey King announced the March birthdays ... check your calendars ... it seems we have quite a few birthdays in March. Doris Autrey and Audrey King told the group that Jo Bristol is now residing at the Wellington Assisted Living Center, and reminded everyone that Jo would appreciate cards and calls.

Last month's soup and cracker recipes have now been distributed via email. This month we are gathering Meat and Casserole recipes; and these should be given or sent to Sharon Carlton. If you have kept up with these monthly recipes, you'll have a great collection of tried and true dishes for any occasion.

While we're on the topic of food, the lunch buffet was wonderful. And, as if the cinnamon Churros were not enough to satisfy our sweet tooth, we were also treated to freshly baked cookies ... a perfect conclusion to our lunch. So, with satisfied "tummies", we sat back to enjoy the fashion show featuring Coldwater Creek's Spring Collection. Beautifully coordinated outfits were presented by Daytimers volunteer models, Martha Boyette, Margaret Fowler, Clara Mae Meurer, Mary Pattie, Suzanne Snow and Jo Ann Williams. As each ensemble was shown, Vette Day, from Coldwater Creek, Firewheel Town Center, described the items and provided details and pricing information. Many thanks to Vette Day, Kim Gingerich, Martha Boyette and our great models ... everyone did a fantastic job!

Our next meeting will be held on March 10th at the home of Betty Prickett. If you are interested in joining the Oakridge Daytimers, please contact our President, Sharon Carlton at 972-530-4317 for more information.

Daytimers is a social organization that requires residence in Oakridge and \$15.00 yearly dues. Daytimers promotes the Oakridge community and the Oakridge Neighborhood Association. Any questions should be directed to Sharon Carlton at 972-530-4317.



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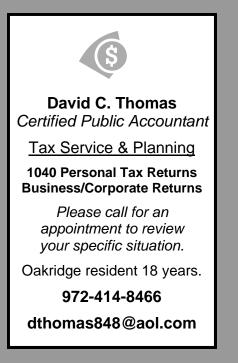
Social Members and their families enjoy use of the swimming pool with access to all social events and dining hosted in the main clubhouses at Oakridge Country Club. Annual Fee – \$500.00 + additional 20% discount (\$400) plus tax 12 Months

Sports Plus Membership

Sports Plus Memberships are non-transferable memberships. Members and their family enjoy golf privileges, unlimited use of the outdoor lighted tennis courts, swimming, fitness, and access to all social events and dining hosted in the main clubhouses at Oakridge Country Club, The Shores Country Club, Timberlinks, The Golf Club McKinney and The Golf Club at Twin Creeks.

> Initiation Fee: one time fee of \$99.00 Single Membership \$49.95 monthly Family membership \$69.95 monthly

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NO JOB IS TOO SMALL

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OWC News

By Tami Monroe

February was filled with fun and excitement for the Oakridge Women's Club. On February 5, the women met to plan our annual Progressive Dinner. This year the event fell on Valentine's Day and there was plenty of love for all of the delicious dishes that were prepared for the evening.

The event began at Sharon's house with appetizers including chicken wings, baked brie and rum punch. Next we enjoyed entrées at Libby's featuring brisket, potatoes, asparagus, corn casserole, salad and rolls. The highlight of the evening concluded at Pam's house with an elegant coconut cake, chocolate gnash cake, Italian cream cake and coffee liquors.

Our next meeting is Thursday, March 5 at Sheila's house where preparations will begin for the children's Easter egg hunt and picnic. This year's event will be on Saturday, April 4 at Crowley Park. Each year, children of all ages enjoy an Easter piñata, egg hunt, games and Easter crafts.

Oakridge Women's Club is open to all women in the Oakridge neighborhood who share a strong and common bond in the love of our children and families. Annual dues are \$30.00 which pays for holiday parties and sunshine fund. If you would like more details about upcoming events or the OWC, contact Libby Morse at tomlib@tx.rr.com or 972-523-3069.

MDA Stride & Ride 2009

By Sharon Parrish

On Saturday, January 31, the Matthew Parrish Raiders Team participated in the Muscular Dystrophy Association (MDA) Stride & Ride 2009 at Grapevine Mills Mall. Matthew had ten walkers on his team and gathered \$3,640 in donations for MDA. The DFW event raised over \$450,000 for the second consecutive year.

The Grapevine Mills Stride & Ride event raises more funds than any other "walk" in the United States. These fundraising dollars are vital to MDA's research effort. MDA is the world's leading voluntary health organization fighting more than 40 muscle wasting diseases. Thousands of people of all ages are affected by muscle diseases here in our community.



Front row: David, Sharon and Matthew Parrish and Aunt Cindy



President's Letter

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discuss this year's spring and summer plants and he will also cover helpful tips on maintaining a beautiful yard. I thought this topic was important as the ONA, in conjunction with the City of Garland, has invested in our outward appearance. By the time I think I know just enough to make me a dangerous gardener, I learn something new.

Our city councilman Rick Williams will also be on hand to give an update on the City of Garland and will answer any of your questions as well as address your concerns. Of course we appreciate him and his service to our community. Speaking of service, it is that time of year again where we need to have some volunteers to form a nominating committee for the ONA May elections. Now do not let this thought scare you away from the meeting. I promise I will not pressure you into service during a public event. I will call you on the phone to do that! I am joking of course but it is important that we continue to have new volunteers to ensure that our organization continues to be the most stable neighborhood association in Garland.

As always if you have any questions or concerns, do not hesitate in contacting me. Page 5

The Doctor's Office—Season Allergies By James Chanez, M.D.

This month we will discuss seasonal allergies. Spring will be here soon but I see it all year long in Dallas. Dallas is the second worst city for allergies in the country (Tulsa is number one). According to the National Center for Health Statistics, about 26 million Americans endure chronic seasonal allergies, while the number of people with milder symptoms may be as high as 40 million. One study puts the annual costs of "hay fever," as it's commonly called, at \$2.4 million for medications and another \$1.1 billion in doctors' bills

Seasonal allergies cause itchy skin, clear watery discharge from the nose, watery and bloodshot eyes and sneezing. Symptoms and their seasonal appearance usually suggest the diagnosis and skin tests can help identify the allergy trigger. Most of the time viewing the evening news and watching the allergy report can give you an idea of what you may be allergic too. If you know what you are allergic too, start taking your medication early when the specific count is high.

Antihistamines, decongestants, corticosteroid nasal sprays and other prescription medications help relieve symptoms. There are some excellent over-the-counter antihistamines. Claritin, Zyrtec and any of their generic forms are basically great non-sedating Benadryl medication. Benadryl (diphenhyramine) is great at night because it can also make you sleepy. This is the main ingredient in all those PM medications. If these don't work then talk to your doctor about prescription strength medication. One of the most affective treatments are still allergy shots. Thy can offer long lasting relief.

Things to do that are simple is to reduce your exposure to the allergy triggers. Avoid going outside on bad or windy days during your peak allergy season. Keep your windows closed if possible. Don't cut your own lawn or bushes if you have trouble with those allergies. Take a shower or remove your clothes after you have been outside. Don't hang your clothes outside to dry. Pets will also bring in the allergens on their coat.

As always, please discuss any problems with your personal doctor. Stay healthy.



Mark Monroe





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Joe Wrinkle

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District 7 Update Continued from page 1

committee. Of particular concern, is where these containers should be stored for houses without an alley where pick up is in the front of the house. Related issue deals with bulky items too big to fit into the container such as mattresses, appliances, etc. Currently, they can only be placed in front of the house the day before pick up; however, it's often impractical to keep such items anywhere except in front of the house. In a specific instance, a resident needed her son's help to move a large freezer to the front curb, and that could only be done when he was visiting the house several days before scheduled pick up. So, I'm somewhat torn between the practicality perspective and my desire to keep up the appearance of neighborhoods. Got an opinion on this issue? Send me an email as I need some feedback on this one.

I continue with my efforts to get a tenant into the old empty Minyards Store at Arapaho and Jupiter and hopefully get the entire center refurbished. It looks awful! I recently saw the trailers from two 10-wheelers illegally parked in the lot on the weekend, but because it's a private parking lot, the city did not have the authority to tow. However, the City contacted the owner who has now provided written authorization to the City to tow if it happens again. Code doesn't deal with many issues on the weekend, but one of the ones it does is oversized vehicles. So, it you see such a violation on the weekend, call 972 485-6400. As with all calls and emails to Code, you will remain anonymous.

On May 9, City elections are scheduled again for the Mayor, along with Council Districts 3, 6, 7 (that's me), and 8. I do plan on running again, as the current City Charter permits a council representative to run for 3 consecutive 2-year terms. When asked by a reporter why I wanted to run again, my answer was simple: "I'm having fun." I can't think of a better job after retirement than being on Council. The City staff are smart, personable individuals; our council works together in a collegial manner; the mental stimulation keeps my two remaining functional neurons sparking; and most of all, I really dealing with the residents. I won't know until March 9 (the last day to turn in a petition to get on the ballot) whether I will have an opponent.

I really enjoyed attending the annual meeting of the Brentwood Place Community Association in January. I encourage all home owner, neighborhood, and crime watch groups to let me know when a meeting is scheduled. I like to attend as I'm usually able to answer many questions about the City, and I always learn things about District 7 issues from these meetings.

As always, if you have questions or concerns, feel free to call me (214 535-2648) or E-mail me at <u>rickwilli@gmail.com</u>.



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Oakridge Neighborhood Association

General Membership Meeting

Oakridge Country Club Thursday, March 5 6:30 social 7:00 meeting