

# Oakridge News

*oakridgena.org*

*December 2017, Vol. 25, No. 12*



## Happy Holidays from your ONA Board!

It is our pleasure to announce that Cheryl Jones was elected ONA President at our November 14<sup>th</sup> Board Meeting. Cheryl will serve out Dwight's Davis' term through May 2018 and will continue as Membership Director until that position can be filled.

The Board also nominated Dylan Hedrick as Vice President for the 2018-2019 year. These and other items will be ratified at the General Meeting February 22 at Duck Creek Golf Club.

by Cheryl Jones  
ONA President

First, I'd like to thank this team for their support and confidence in me. I'm am so excited for the opportunity to promote and support this wonderful community my husband Jackie and I have called home for nearly 30 years. It is a pleasure to serve with this group of individuals so passionate and committed to making Oakridge the best neighborhood in Garland.

The continued support of the ONA is indicative of the great neighbors we have. It is my hope that as membership increases, relationships and friendships within the community will increase more. Together, we can make it happen. I look forward to seeing you at the February General Meeting. Have a wonderful Christmas and the Happiest of Holidays!

### Membership/Revenue/Expense YTD

The ONA Membership year runs June 1, 2017, through May 31, 2018. As of December 8th, 399 neighbors have joined. Thank you all! Annual dues are \$60. You can still join, however there is no proration of dues. Please consider a donation to the "Beautification Fund." The 2018-2019 Membership Drive begins in April 2018.

ONA Revenue to-date is \$31,860; \$24,000 Membership, \$5,500 Beautification, and \$2,195 from advertising (approximates). Actual Financial Report will be provided at the General Meeting, February 22, 2018 at Duck Creek Golf Club. They will also be available online.

ONA Expenses have greatly increased primarily with Landscaping, Entry Beds Maintenance, and Watering. David Parrish, Environmental Director, is working to locate/sprinkler leaks. We will also re-evaluate our entry needs against the existing contract and will make determinations on how to beautify our entry beds and reduce costs.

### New and Improved Web Site

We are so excited to finally announce the implementation of our new site. The Board chose Association Voice, a Smart Web Solutions provider that specializes in "Communities and HOA's. Some of the Key features include:

- A professional web presence to promote Oakridge.
- Join/collect dues via web, phone, text to streamline membership process.
- Cost savings/ancillary revenue.
- Improved communication & access to information for members.

- Member only discussion boards, forums, and groups such as OWC, Daytimers, District Directors & Committees.
- "Voting Booth" gives every ONA member a voice.
- Branded email addresses to improve communications such as [contactus@oakridgena.org](mailto:contactus@oakridgena.org) or [Officers@oakridgena.org](mailto:Officers@oakridgena.org).
- "Messenger" for notices and communications via text.
- Accounting Software Integration with QuickBooks – and so much more.

The subscription cost is \$1,138.80 per year with an initial setup fee of \$379.90 and \$94.90 per month. These costs will be offset by ancillary revenue generated by advertising in an ONA Business Directory and public page.

We will save money by reducing printing/postage costs for invoices and newsletters. Shine Macy, our Marketing Director, will target local restaurants, businesses and professional services providers in and around the neighborhood.

The best feature is a "user-friendly interface" designed such that members can choose if/how they want to use the website. Stay tuned for the rollout. If you would like to participate in the beta-testing, please e-mail [onamembership@gmail.com](mailto:onamembership@gmail.com) and [dylan.hedrick@gmail.com](mailto:dylan.hedrick@gmail.com).

# Dealing With the Stress of the Holidays

by Libby Morse, RN, BSN, CPAN  
Oakridge Women's Club

To most people, the holiday season is exciting and magical. Many of us realize this "magic" comes at a price. Not only monetarily, but a cost to our mental health and well-being.

Our emotional and spiritual resilience enables us to enjoy this time and not get bogged down. We can be easily become overwhelmed. Garland has many available resources to relieve stress and find help if you need it.

Here are a few tips and resources:

- 1) Take a walk. Garland has some beautiful areas. Find them at <http://www.ci.garland.tx.us/gov/lq/parks/facilities/trails.asp>

- 2) Find a neighbor to talk to. We have the Oakridge Daytimer's: (Contact Shirley Heald 972-414-0817) and the Oakridge Women's Club (Contact Libby Morse 972-523-3069 evenings).

- 3) For those needing help with weight loss, find group support such as:

- Take Off Pounds Sensibly (TOPS) <http://www.tops.org> Meets Monday nights First United Methodist Church, 801 W Avenue B Rm 113 Garland, TX 75040 Mondays: 6:30/7:00 PM (weigh in time/meeting time)
- b) Overeaters anonymous (OA) <https://oa.org>
- Sundays 10:00 AM 331 Melrose D. #120, Richardson, TX 75080

- Contact: Penni: 972-517-8506 (multiple meeting in the metroplex).

- 4) Listen to an audio book. The Garland library has a huge selection! Go to <http://www.nmls.lib.tx.us/gov/lq/lib/default.asp> for more information.

- 5) Find grief support groups such as Grief Share [www.griefshare.org/countries/us/states/tx/cities/garland](http://www.griefshare.org/countries/us/states/tx/cities/garland)

- First Baptist Church, 801 West Avenue D, Garland, TX Sundays, 3:00 pm – 5:00 pm Sep 10, 2017 – Dec 3, 2017
- Lavon Drive Baptist Church, 1520 Lavon Drive, Garland, TX Wednesdays, 7:00 pm – 8:30 pm, Sep 6, 2017 – Dec 6, 2017
- New Liberty Baptist Church, 333 W Centerville Rd., Garland, TX, Tuesdays, 7:00 pm – 8:30 pm, Sep 19, 2017 – Jan 16, 2018

- 6) Write a gratitude journal.

- 7) Take a deep breath & spend 15 minutes of quiet time.

- 8) Find professional help if you need it. Stick to a budget & learn to say no. Don't let the holidays become something you dread. With a little planning and some positive thinking, you can find peace and joy during this time.



*All is*  
**WELL**

Presented by the Rodgers Baptist Church Choir & Orchestra  
Sunday, December 17th, 2017, 6:00 p.m.  
Admission is Free ∞ A dessert reception will follow  
801 W. Buckingham Road, Garland, TX 75040  
[www.rodgersbaptist.net](http://www.rodgersbaptist.net)



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# Daytimers Celebrated Thanksgiving Together

Dianne Winter  
ONA Daytimers

To recognize the meaning of gratitude at Thanksgiving there is no better place to gather than the home of Gloria Turner. More than thirty Daytimers met there to enjoy the fellowship of neighbors.

President, Shirley Heald, made announcements concerning the importance of being a good neighbor and obeying street parking laws and etiquette and volunteering to help with Thanksgiving dinner for the firemen that serve Oakridge. Birthdays and concerns were also announced. Peggy Crenshaw announced a paid membership of fifty - the most ever!

The members then were treated to information by speaker, Shannon Reeves, who is a Health Coach in Integrative Nutrition. Shannon has researched food nutrition throughout the nation with prominent hospital programs, workshops and authors to find the best nourishment for our mind and body connection. The challenge there for Daytimers was to balance those worthy goals while thinking of pumpkin pie. Shannon was gracious to present a book, Vibes, for a door prize.

Jan Perry Loyd and Susan Conner, program coordinators, led a discussion to determine the program for the December meeting. The result was an activity everyone will enjoy. To participate bring a wrapped Christmas decoration that you already possess but would like to share.

Daytimers is a social organization for women that requires residence in Oakridge and \$20.00 annual dues. Daytimers promotes the Oakridge community and the Oakridge Neighborhood Association. Any questions should be directed to president, Shirley Heald at 972-414-0817.

## Oakridge Women's Club wants to connect with you!

You're invited to connect with the Oakridge Women's Club (OWC). This group meets the 1st Thursday of the month at 7:00 pm. Contact Libby Morse on Facebook, NextDoor and soon at oakridgeona.org/OWC. OWC celebrated the holidays with a Christmas Brunch at the Chocolate Angel Café & Tea-room in Plano. Join the fun, fellowship and friendship.

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Before




After




### Rodgers Baptist Church

801 W. Buckingham Road, Garland, TX 75040  
972-675-4800 • <http://rodgersbaptist.net>



Ron Thomas, Senior Pastor

**OUR SERVICE SCHEDULE**

Sunday School 9:15 A.M.  
Morning Worship 10:30 A.M.  
Evening Worship 6:00 P.M.  
Wednesday Service 7:00 P.M.  
*Nursery provided for all services*

It's all about living to bring God glory!



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## DUCKCREEK GOLF CLUB

**214-440-2229** [duckcreekgc.com](http://duckcreekgc.com)

Join the ONA Today!

[oakridgena.org](http://oakridgena.org)

# Oakridge News

Oakridge Neighborhood Association  
P.O. Box 450145  
Garland, TX 75045-0145

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## Local Postal Customer



ONA Vice President Mark Edwards and ONA Daytimers President Shirley Heald provided Thanksgiving dinners and treats to Fire Stations 11 and 3 Thanksgiving Morning. The firemen were certainly grateful for the support the ONA has given them through the years.



*Trusting God*  
**NO MATTER WHAT**

*"Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths." Proverbs 3:5-6*

**Rodgers Baptist Church**  
801 W. Buckingham Road  
Garland, TX 75040  
972-675-4800  
<http://rodgersbaptist.net>



Ron Thomas  
Senior Pastor

<b>OUR SERVICE SCHEDULE</b>	Evening Worship	6:00 P.M.
Sunday School	9:15 A.M.	Wednesday Service
Morning Worship	10:30 A.M.	Nursery provided for all services